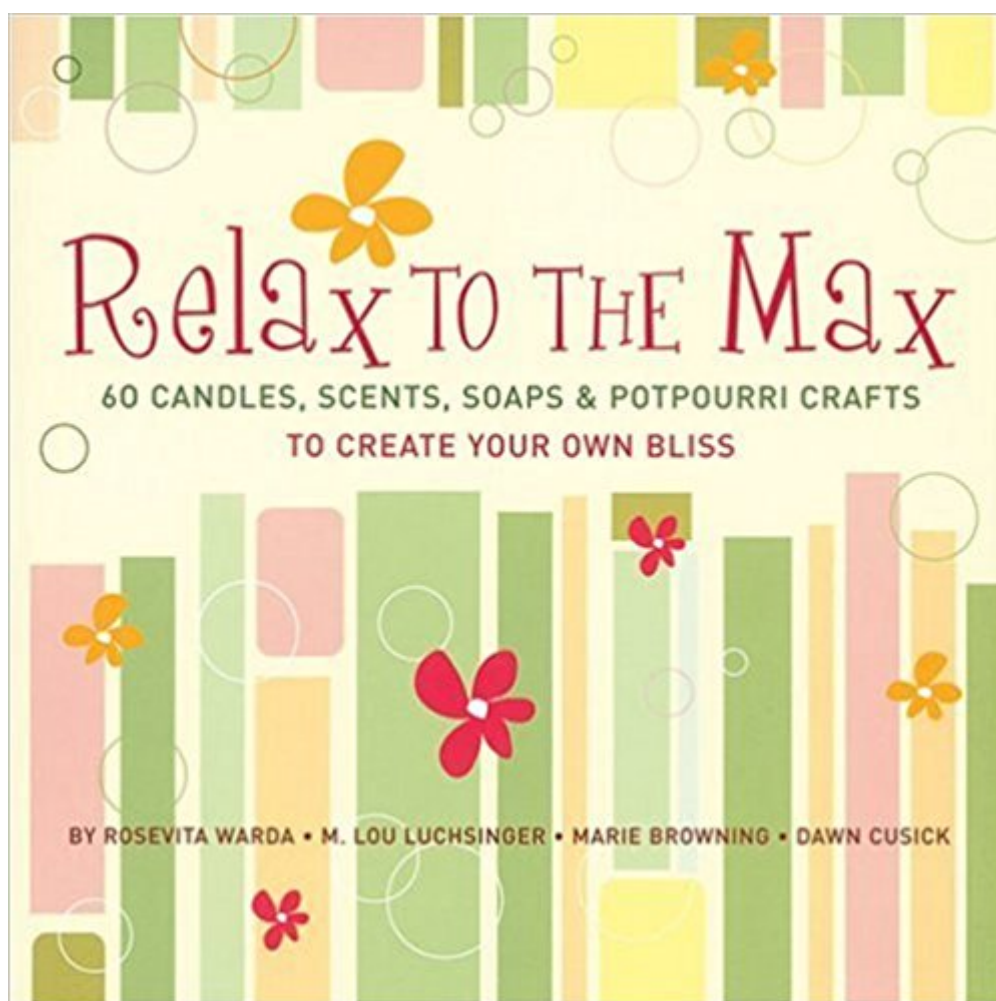


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# Relax To The Max: 60 Candles, Scents, Soaps & Potpourri Crafts To Create Your Own Bliss



## Synopsis

Slow down (maybe even stop), and smell the roses--and the jasmine, sandalwood, peppermint, and citrus blends, too. These remarkable fragrant candles, soaps, and potpourris make it simple for overworked, stressed-out women to experience the relaxing pleasures of aromatherapy every day. Each deliciously aromatic item in this lushly illustrated manual uses pure essential oils that promote a sense of health and well being. Whether the oil permeates the air or gets absorbed through the skin, it works its magic. An introduction explains aromatherapy's benefits, and provides hints for purchasing, blending, and storing the oils. With the help of easy-to-follow directions, create a Lifting Lavender Embedded Marble Candle; muscle soothing Relief Bath with juniper, rosemary, lemon, and eucalyptus; Serenity Now soap with patchouli; and Spicy Potpourri.

## Book Information

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## Customer Reviews

Some good suggestions, but nothing that I havent found already. Ended up being gifted to someone.

This book is great if you are a beginner. Has melt and pour recipes, candle recipes, and easy bath recipes. If you are looking to experiment with making cold processed/hot processed soap, this is NOT the book for you! If you are into arts & crafts and looking for a hobby, this book was made for you...You'll love the bright photos, and the recipes are easy understand.

Relax to the Max 60 Candles, Scents, Soaps and Potpourri Crafts to Create Your Own Bliss is a colorful fun book with lots of recipes and pretty pictures. It explains how to use the various components to making personal products and essential oils. It has a lot of recipes and suggestions with clear easy to follow directions. The only thing I don't like about the book is that though it explains the difference between synthetic fragrance oils and essential oils it belittles that difference by calling all essential oils "fragrance" oils in the recipes.

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Relax to the Max: 60 Candles, Scents, Soaps & Potpourri Crafts to Create Your Own Bliss Potpourri Making: The Official Guide to Potpourri of Cookery, Potpourri Bags and More Making Soaps & Scents: Soaps, Shampoos, Perfumes & Splashes You Can Make At Home (Life's Little Luxuries) Crafts N Things, By Editors of Crafts 'N Things August, 1999, Volume 24, No. 9) (Single Issue Magazine) -Best-Sellers for your Craft Fair or Boutique; 11 Angels You Can Make Heaven Scent Patty (How To Make Your Own Potpourri) The Beeswax Workshop: How to Make Your Own Natural Candles, Cosmetics, Cleaners, Soaps, Healing Balms and More Simmer Scents: Stovetop Potpourri Recipes Making Candles & Potpourri: Illuminate and Infuse Your Home Candle Making: Amazing Candles - 24 Easy Homemade Candle Recipes For Delightful Fragrance In Your Room! (Candles, Candle Making, Aromatherapy) CANDLES WITH CHRIS: Simplified eBook For Making Professional Looking Candles For Beginners Making Potpourri, Colognes, and Soaps: 102 Natural Recipes Making Potpourri, Soaps & Colognes: 102 Natural Recipes Making Candles and Soaps For Dummies Magical Candle Crafting: Create Your Own Candles for Spells & Rituals Making Natural Liquid Soaps: Herbal Shower Gels, Conditioning Shampoos, Moisturizing Hand Soaps, Luxurious Bubble Baths, and more Perfumes and Spices - Including an Account of Soaps and Cosmetics - The Story of the History, Source, Preparation, And Use of the Spices, Perfumes, Soaps, And Cosmetics Which Are in Everyday Use Make Your Own Soaps, Lotions, & Moisturizers: Luxury Beauty Products You Can Create at Home Borrower of the Night (The First Vicky Bliss Mystery)(Library Edition) (Vicky Bliss Mysteries (Audio)) Potpourri and fragrant crafts Crafting: 365 Days of Crafting: 365 Crafting Patterns for 365 Days (Crafting Books, Crafts, DIY Crafts, Hobbies and Crafts, How to Craft Projects, Handmade, Holiday Christmas Crafting Ideas) Adorkable Bubble Bath Crafts: The Geek's DIY Guide to 50 Nerdy Soaps, Suds, Bath Bombs and other Curios that Entertain Your Kids in the Tub

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